



Reaching Beyond is proud to offer:



## A 12-Week Social Skills Program for Children Ages 8-12 Starting March 5, 2024

### WHAT IS SECRET AGENT SOCIETY?

The award-winning and evidence-based small group program has been improving the lives of 8-12 year olds around the world for more than a decade.

Starting as 'Cadets', children join regular club meetings with trained SAS Facilitators where they learn codes and tools designed to build their social-emotional resilience.

Paired with 'secret agent' missions at home and school, the program focuses on diversifying four key life skills:

- ★ **Emotion Recognition** in themselves and others around them
- ★ **Emotion Regulation** focus on anxiety and anger
- ★ **Problem Solving** social-emotional situations
- ★ **Social skills** for friendship, team work and interacting with others





### PROGRAM INCLUDES:

- ✓ *Introductory parent information session*
- ✓ *Weekly parent training sessions (virtually)*
- ✓ *Weekly cadet (child) training sessions (in-person)*
- ✓ *Regular progress updates*
- ✓ *Facilitated by a Board Certified Behavior Analyst*

## WINTER SCHEDULE:

**Parent Introductory Session:** Wed. March 5/25, 5:00-7:00pm

**Parent Sessions:** Virtual, 6:00-7:00pm

- 1) Tues. Mar 18/25
- 2) Tues. Mar 25/25
- 3) Tues. Apr 1/25
- 4) Tues. Apr 8/25
- 5) Tues. Apr 15/25
- 6) Tues. Apr 22/25
- 7) Tues. Apr 29/25
- 8) Tues. May 6/25
- 9) Tues. May 13/25

1<sup>st</sup> follow-up: Tues. May 27/25

2<sup>nd</sup> follow-up: Tues. June 17/25

**Group Sessions:** In-person, 5:00-6:30pm

- 1) Thurs. Mar 20/25
- 2) Thurs. Mar 27/25
- 3) Thurs. Apr 3/25
- 4) Thurs. Apr 10/25
- 5) Thurs. Apr 17/25
- 6) Thurs. Apr 24/25
- 7) Thurs. May 1/25
- 8) Thurs. May 8/25
- 9) Thurs. May 15/25

1<sup>st</sup> follow-up: Thurs. May 29/25

2<sup>nd</sup> follow-up: Thurs. June 19/25



**COST:** \$2800 per participant

**REGISTRATION DEADLINE:** Fri. Feb 28/25

**TO REGISTER:** email [info@reachingbeyondautism.ca](mailto:info@reachingbeyondautism.ca) or call 905-449-5129

*\*participants must meet SAS eligibility criteria*

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